



🍴 2 People

🕒 25 Mins

🍏 520 kcal

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Classic Cobb Salad

PROTEIN PACKED

INGREDIENTS

2 chicken breasts

8 cups mixed greens

4 strips bacon, cooked

2 hard-boiled eggs

DIRECTIONS

1. Season chicken breasts with salt and pepper. Grill or bake at 400°F for 20-25 minutes until cooked through. Let rest 5 minutes, then slice against the grain into strips.
2. Cook bacon until crispy, then crumble. Peel and quarter hard-boiled eggs. Slice avocado, halve cherry tomatoes, and slice green onions on an angle.



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Classic Cobb Salad

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INGREDIENTS

- 2 chicken breasts
- 8 cups mixed greens
- 4 strips bacon, cooked
- 2 hard-boiled eggs
- 1 avocado, sliced
- 1 cup cherry tomatoes
- 1/2 cup blue cheese crumbles
- 3 green onions
- Red wine vinaigrette
- Salt and pepper

DIRECTIONS

- Season chicken breasts with salt and pepper. Grill or bake at 400°F for 20-25 minutes until cooked through. Let rest 5 minutes, then slice against the grain into strips.
- Cook bacon until crispy, then crumble. Peel and quarter hard-boiled eggs. Slice avocado, halve cherry tomatoes, and slice green onions on an angle.
- Arrange mixed greens in a large serving bowl or on a platter. Create rows (lines) of each ingredient across the salad: chicken, bacon, eggs, avocado, tomatoes, blue cheese, and green onions.
- Drizzle with red wine vinaigrette just before serving. Some prefer the dressing on the side. The traditional presentation has ingredients arranged in rows for visual appeal.